FACILITY OR		
INSTITUTION NAME:		

# STATE OF FLORIDA DEPARTMENT OF CORRECTIONS MASTER MENU FY 2023-2024 THERAPEUTIC DIETS WEEK 1 Monday

MONTH OF	
OPERATION:	

Effective: 10/9/2023

FL Department of Corrections Approval Roosevelt Petithomme, Bureau Chief Jennifer Murphy, R.D., L.D./ N Public Health Nutrition Consultant

R	egular	3000 calorie		2200 Calorie		2600 calorie		Vegan
	EAKFAST	BREAKFAST		BREAKFAST		BREAKFAST		BREAKFAST
			2 ea	breakfast sausage patty (E)	2 ea	breakfast sausage patty (E)	3 oz	LS peanut butter(E)(# 12 disher)
1 c oatmeal w/ brown	sugar 2 d	oatmeal w/ brown sugar	1 ½ c	oatmeal w/ brown sugar	1 ½ c	oatmeal w/ brown sugar	2 c	oatmeal w/ brown sugar
2 ea pancakes (E)	2 6	ea pancakes (E)	1 ea	bread	2 ea	bread		
1 ea margarine	1 6	ea margarine						
1 ea fresh fruit	1 6	ea fresh fruit	1 ea	fresh fruit	1 ea	fresh fruit	1 ea	fresh fruit
1 c coffee	1 0	c coffee	1 c	coffee	1 c	coffee	1 c	coffee
1 c breakfast beverage	1 0	breakfast beverage	1 c	breakfast beverage	1 c	breakfast beverage	1 c	breakfast beverage
2 oz syrup	2 (	oz syrup	1 pk	diet jelly	2 pk	diet jelly		-
2 ea sugar pk	2 6		2 ea	sugar substitute	2 ea	sugar substitute	2 ea	sugar pk
		• ,		· ·				
No Alternate Entré	e	No Alternate Entrée	2 oz	cheese* (AE)	2 oz	cheese* (AE)		
L	UNCH	LUNCH		LUNCH		LUNCH		LUNCH
1 ea meatloaf patty (E)	1 6	ea meatloaf patty (E)	1 ea	meatloaf patty (E)	1 ea	meatloaf patty (E)	1 c	dried beans
¾ c mashed potatoes	2 (	mashed potatoes	¾ C	mashed potatoes	1 ½ c	mashed potatoes	2 c	oven brown potatoes
½ c cabbage	1/2 (	c cabbage	½ c	cabbage	1 c	cabbage	½ c	cabbage
½ c sweet peas	1/2 (	sweet peas	1 c	sweet peas	½ c	sweet peas	½ c	sweet peas
2 ea bread	2 €	ea bread	1 ea	bread	1 ea	bread		
			½ c	canned fruit	½ c	canned fruit	½ c	canned fruit
⅓ oz mustard	1/3 (	oz mustard	⅓ oz	mustard	⅓ oz	mustard		
⅓ oz ketchup	1/3 (	oz ketchup	⅓ oz	ketchup	⅓ oz	ketchup	½ oz	margarine (# 60 disher )
1 c fortified tea	1 (	fortified tea	1 c	fortified tea	1 c	fortified tea	1 c	fortified tea
1 c dried beans (AE)	1 (	c dried beans (AE)	1 c	dried beans (AE)	1 c	dried beans (AE)		
	DINNER	DINNER		DINNER		DINNER		DINNER
6 ea meatballs(E)	6 6	. ,	6 ea	meatballs (E)	6 ea	meatballs (E)		
2 oz Italian red sauce	2 0		2 oz	Italian red sauce	2 oz	Italian red sauce		
¾ c pasta	1 0	•	½ c	pasta	1 c	pasta	2 c	pasta
1 c dried beans	1 0		½ c	dried beans	½ c	dried beans	1 c	dried beans
½ c mixed vegetables	1/2 (	mixed vegetables	½ c	mixed vegetables	½ c	mixed vegetables	1 c	mixed vegetables
2 ea bread	2 6	ea bread	1 ea	bread	1 ea	bread		
1 ea cake (1/48 cut)	1 6		1 64	bicau	1 20	bicau	½ c	canned fruit
1 ea Cake (1/40 Cul)	'''	ca cake (1/40 cut)					½ C ½ OZ	margarine (# 60 disher )
1 c fortified beverage		fortified beverage	1.0	fortified beverage	1 c	fortified beverage		fortified beverage
	1 (		1 c	9		dried beverage  dried beans (AE)	1 c	Tortified beverage
1 c dried beans (AE)	10	dried beans (AE)	1 c	dried beans (AE)	1 c	urieu pedris (AE)		
				H.S. Snack		H.S. Snack		
			2 T	LS peanut butter (#30 disher )	2 T	LS peanut butter (#30 disher )		
			2 ea	bread	2 ea	bread		

Therapeutic diets do not receive salt

Only Vegan diets receive salt on trays

Menu represents edible portion unless otherwise noted

(E) Denotes Entree

(AE) Denotes Alternate Entree

(AE do not receive gravy, mustard, ketchup)

This is to certify that this menu is reviewed monthly and is served as written unless otherwise noted

Food Service Director

*	Cheese as Menu Item										
	Menu calls for:	Sliced	← → OR, substitute	Shredded							
	1 oz	2 slices *	OR	1/4 c.							
	2 oz	4 slices *	OR	1/2 c.							
	3 oz	6 slices *	OR	3/4 c.							
	* stand	lard ordered	size is 1/2 or	z. slices							

FACILITY OR	
INSTITUTION NAME:_	

## STATE OF FLORIDA DEPARTMENT OF CORRECTIONS MASTER MENU FY 2023-2024 THERAPEUTIC DIETS WEEK 1 Monday

MONTH OF	
OPERATION:_	

Effective: 10/9/2023

FL Department of Corrections Approval Roosevelt Petithomme, Bureau Chief

And R.P

Jennifer Murphy, R.D., L.D./ N Public Health Nutrition Consultant

	Regular		Mech/Dental		Low Fiber		Pre Dialysis		Dialysis
	BREAKFAST		BREAKFAST		BREAKFAST		BREAKFAST		BREAKFAST
				³⁄4 C	scrambled eggs (E)			³⁄4 C	scrambled eggs (E)
1 c	oatmeal w/ brown sugar	1 c	oatmeal w/ brown sugar	½ c	oatmeal w/ brown sugar	1 c	oatmeal w/ brown sugar	½ c	oatmeal w/ brown sugar
2 ea	pancakes (E)	2 ea	pancakes (E)	2 ea	pancakes (E)	2 ea	pancakes (E)	3 ea	bread
1 ea	margarine	1 ea	margarine	1 oz	margarine (#30 disher)	1 oz	LSmargarine (#30 disher)	1 oz	LSmargarine (#30 disher)
1 ea	fresh fruit	½ c	Citrus Sunrise***	½ c	Citrus Sunrise	1 ea	fresh fruit	1 ea	fresh fruit
1 c	coffee	1 c	coffee	1 c	coffee	1 c	coffee	1 c	coffee
1 c	breakfast beverage	1 c	breakfast beverage	1 c	breakfast beverage	1 c	breakfast beverage	1 c	breakfast beverage
2 oz	syrup	2 oz	syrup	2 oz	syrup	2 oz	syrup	1 oz	jelly (#30 disher)
2 ea	sugar pk	2 ea	sugar pk	2 ea	sugar pk	2 ea	sugar pk	2 ea	sugar pk
	No Alternate Entrée		No Alternate Entrée		No Alternate Entrée		No Alternate Entrée		No Alternate Entrée
		***0	an give banana if available						
	LUNCH		LUNCH		LUNCH		LUNCH		LUNCH
1 ea	meatloaf patty (E)	1 ea	meatloaf patty (E) (chopped)	³⁄₄ C	ground chicken (E)	1 ea	meatloaf patty (E)	½ c	ground chicken (E)
3∕4 C	mashed potatoes	³⁄4 C	mashed potatoes	½ c	rice	1 c	mashed potatoes	³⁄4 C	mashed potatoes
½ c	cabbage	½ c	cabbage	½ c	cabbage	1 c	cabbage		
½ c	sweet peas	½ c	sweet peas					½ c	sweet peas
2 ea	bread	2 ea	bread	2 ea	bread	2 ea	bread	2 ea	bread
						½ c	canned fruit		
⅓ oz	mustard	<i>⅓</i> oz	mustard			⅓ oz	mustard	⅓ oz	mustard
⅓ oz	ketchup	⅓ oz	ketchup			⅓ oz	ketchup	⅓ oz	ketchup
				1 oz	margarine (#30 disher)	1 oz	LSmargarine (#30 disher)		
1 c	fortified tea	1 c	fortified tea	1 c	fortified tea	1 c	fortified tea	1 c	fortified tea
1 c	dried beans (AE)	1 c	dried beans (AE)	3 oz	cheese* (AE)	¾ C	dried beans (AE)	³⁄4 C	scrambled eggs (AE)
	DINNER		DINNER		DINNER		DINNER		DINNER
6 ea	meatballs(E)	6 ea	meatballs (E)	³⁄4 C	pulled poultry thigh (E) OR	3 ea	meatballs (E)	³⁄4 C	pulled poultry thigh (E) OR
					deboned chicken leg quarter				deboned chicken leg quarter
2 oz	Italian red sauce	2 oz	Italian red sauce	2 oz	Italian red sauce	2 oz	Italian red sauce		
¾ C	pasta	³⁄4 C	pasta	½ c	pasta	³⁄4 C	pasta	1 c	pasta
1 c	dried beans	1 c	dried beans						
½ c	mixed vegetables	½ c	mixed vegetables	½ c	mixed vegetables	½ c	mixed vegetables	½ c	mixed vegetables
				1 oz	margarine (#30 disher)	1 oz	LSmargarine (#30 disher)	1 oz	LSmargarine (#30 disher)
2 ea	bread	1 ea	bread	2 ea	bread	2 ea	bread	3 ea	bread
1 ea	cake (1/48 cut)	1 ea	cake (1/48 cut)	1 ea	cake (1/48 cut)	1 ea	cake (1/48 cut)	1 ea	cake (1/48 cut)
		1 c	fortified beverage	1 c	fortified beverage	1 c	fortified beverage	1 c	fortified beverage
									- 0 -

Therapeutic diets do not receive salt Only Vegan diets receive salt on trays

Menu represents edible portion unless otherwise noted

- (E) Denotes Entree
- (AE) Denotes Alternate Entree

(AE do not receive gravy, mustard, ketchup)

This is to certify that this menu is reviewed monthly and is served as written unless otherwise noted

Food Service Director

Cheese as Menu Item							
Menu calls for:	Sliced	← → OR, substitute	Shredded				
1 oz	2 slices *	OR	1/4 c.				
2 oz	4 slices *	OR	1/2 c.				
3 oz	6 slices *	OR	3/4 c.				
* stand	* standard ordered size is 1/2 oz. slices						

FACILITY OR	
INSTITUTION NAME:	 

### STATE OF FLORIDA DEPARTMENT OF CORRECTIONS MASTER MENU FY 2023-2024 THERAPEUTIC DIETS WEEK 1 Tuesday

MONTH OF	
OPERATION:	

Effective: 10/9/2023

FL Department of Corrections Approval Roosevelt Petithomme, Bureau Chief

Jennifer Murphy, R.D., L.D./ N Public Health Nutrition Consultant

	Regular		3000 calorie		2200 Calorie		2600 calorie		Vegan
	BREAKFAST		BREAKFAST		BREAKFAST		BREAKFAST		BREAKFAST
2 ea	breakfast sausage patty (E)	2 ea	breakfast sausage patty (E)	2 ea	breakfast sausage patty (E)	2 ea	breakfast sausage patty (E)	3 oz	LS peanut butter(E)(# 12 disher)
1 c	buttery oatmeal	1 ½ c	buttery oatmeal	½ c	buttery oatmeal	½ c	buttery oatmeal	1 ½ c	buttery oatmeal
2 ea	bakery biscuits (1/48 ea)	2 ea	bakery biscuits (1/48 ea)	1 ea	bread	2 ea	bread		
½ c	Citrus Sunrise	½ c	Citrus Sunrise	½ c	Citrus Sunrise	½ c	Citrus Sunrise	½ c	Citrus Sunrise
1 c	coffee	1 c	coffee	1 c	coffee	1 c	coffee	1 c	coffee
1 c	breakfast beverage	1 c	breakfast beverage	1 c	breakfast beverage	1 c	breakfast beverage	1 c	vegan breakfast beverage
½ oz	jelly (#60 disher)	½ oz	jelly (#60 disher)	1 pk	diet jelly	2 pk	diet jelly		
2 ea	sugar pk	2 ea	sugar pk	2 ea	sugar substitute	2 ea	sugar substitute	2 ea	sugar pk
2 oz	cheese* (AE)	2 oz	cheese* (AE)	2 oz	cheese* (AE)	2 oz	cheese* (AE)		
	LUNCH		LUNCH		LUNCH		LUNCH		LUNCH
3 oz	peanut butter & jelly (E)	3 oz	peanut butter & jelly (E)	2 oz	peanut butter & jelly (E)	2 oz	peanut butter & jelly (E)	3 oz	LS peanut butter(E)(# 12 disher)
_,	(#12 disher) (E)		(#12 disher) (E)		(#16 disher) (E)		(#16 disher) (E)		
¾ C	potato salad	1 c	potato salad	1 c	potato salad	1 c	potato salad	2 c	oven brown potatoes
½ c	carrot sticks	½ c	carrot sticks	1 c	carrot sticks	1 c	carrot sticks	1 c	carrots
2 ea	bread	2 ea	bread	2 ea	bread	2 ea	bread	1/	: (" 60 !: 1
1	fundas husumis (1/40 sut)	1	fudge bygunig/1/40 aut)			1/ 2	canned fruit	½ oz	,
1 ea 1 c	fudge brownie(1/48 cut) fortified tea	1 ea 1 c	fudge brownie(1/48 cut)  fortified tea	1 c	fortified tea	½ c <b>1 c</b>	fortified tea	½ c 1 c	canned fruit fortified tea
1 C	No Alternate Entrée	10	No Alternate Entrée	+ 10	No Alternate Entrée	1 .	No Alternate Entrée	1 0	Tortinea tea
	No Alternate Littlee		No Alternate Littlee		No Alternate Littlee		NO Alternate Littlee		
	DINNER		DINNER		DINNER		DINNER		DINNER
1 ea	chicken leg quarter, herbed (E)	1 ea	chicken leg quarter, herbed (E)	1 ea	chicken leg quarter, herbed (E)	1 ea	chicken leg quarter, herbed (E)		
¾ C	rice	1 c	rice	½ c	rice	¾ C	rice	2 c	rice
1 c	BBQ beans	1 c	BBQ beans	½ c	dried beans	¾ C	dried beans	1 c	dried beans
½ c	mixed vegetables	½ c	mixed vegetables	½ c	mixed vegetables	½ c	mixed vegetables	½ c	mixed vegetables
1/48 cut	sweet cornbread	1/48 cut	sweet cornbread	1 ea	bread	1 ea	bread		
									canned fruit
								½ oz	margarine (# 60 disher )
1 c	fortified beverage	1 c	fortified beverage	1 c	fortified beverage	1 c	fortified beverage	1 c	fortified beverage
3 oz	peanut butter (AE) (#12 disher)	3 oz	peanut butter (AE) (#12 disher)	3 oz	peanut butter (AE) (#12 disher)	3 oz	peanut butter (AE) (#12 disher)		
2 ea	bread	2 ea	bread	2 ea	bread	2 ea	bread		
					H.S. Snack		H.S. Snack		
				2 T	LS peanut butter (#30 disher )	2 T	LS peanut butter (#30 disher )		
				2 ea	bread	2 ea	bread		

Therapeutic diets do not receive salt
Only Vegan diets receive salt on trays

Menu represents edible portion unless otherwise noted

(E) Denotes Entree

(AE) Denotes Alternate Entree
(AE do not receive gravy, mustard, ketchup)

This is to certify that this menu is reviewed monthly and is served as written unless otherwise noted

Food Service Director

*	Cheese as Menu Item										
	Menu calls for:	Sliced	← → OR, substitute	Shredded							
	1 oz	2 slices *	OR	1/4 c.							
	2 oz	4 slices *	OR	1/2 c.							
	3 oz	6 slices *	OR	3/4 c.							
	* standard ordered size is 1/2 oz. slices										

FACILITY OR			
INSTITUTION NAME:			

## STATE OF FLORIDA DEPARTMENT OF CORRECTIONS MASTER MENU FY 2023-2024 THERAPEUTIC DIETS WEEK 1 Tuesday

MONTH OF	
OPERATION:	

Effective: 10/9/2023

FL Department of Corrections Approval Roosevelt Petithomme, Bureau Chief Jennifer Murphy, R.D., L.D./ N
Public Health Nutrition Consultant

	Regular		Mech/Dental		Low Fiber		Pre Dialysis		Dialysis
	BREAKFAST		BREAKFAST		BREAKFAST		BREAKFAST		BREAKFAST
2 ea	breakfast sausage patty (E)	2 ea	breakfast sausage patty (E)(chopped)	³⁄4 C	scrambled eggs (E)	1⁄4 C	scrambled eggs (E) (#16 disher)	¾ C	scrambled eggs (E)
1 c	buttery oatmeal	1 c	buttery oatmeal	½ c	grits	1 c	buttery oatmeal	½ c	buttery oatmeal
2 ea	bakery biscuits (1/48 ea)	2 ea	bakery biscuits (1/48 ea)	2 ea	bread	2 ea	bread	3 ea	bread
½ c	Citrus Sunrise	½ c	Citrus Sunrise	½ c	Citrus Sunrise	½ c	Citrus Sunrise	½ c	Citrus Sunrise
1 c	coffee	1 c	coffee	1 c	coffee	1 c	coffee	1 c	coffee
1 c	breakfast beverage	1 c	breakfast beverage	1 c	breakfast beverage	1 c	breakfast beverage	1 c	breakfast beverage
½ oz	jelly (#60 disher)	½ oz	jelly (#60 disher)	½ oz	jelly (#60 disher)	2 oz	jelly (#16 disher)	1 oz	jelly (#30 disher)
2 ea	sugar pk	2 ea	sugar pk	2 ea	sugar pk	2 ea	sugar pk	2 ea	sugar pk
				1 oz	margarine (#30 disher)	1 oz	LS margarine (#30 disher)	1 oz	LS margarine (#30 disher)
2 oz	cheese* (AE)	2 oz	cheese* (AE)		No Alternate Entrée		No Alternate Entrée		No Alternate Entrée
	LUNCH		LUNCH		LUNCH		LUNCH		LUNCH
3 oz	peanut butter & jelly	3 oz	peanut butter & jelly	¾ C	ground chicken (E)	2 oz	peanut butter & jelly	3 oz	peanut butter & jelly
	(#12 disher) (E)		(#12 disher) (E)				(#16 disher) (E)		(#12 disher) (E)
¾ C	potato salad	¾ C	oven brown potatoes	½ c	rice	³⁄4 C	potato salad	½ c	potato salad
½ c	carrot sticks	½ c	cooked carrots	½ C	cooked carrots	½ c	carrot sticks	½ c	carrot sticks
2 ea	bread	2 ea	bread	2 ea	bread	2 ea	bread	2 ea	bread
				1 oz	margarine (#30 disher)				
1 ea	fudge brownie(1/48 cut)	1 ea	fudge brownie(1/48 cut)	1 ea	fudge brownie(1/48 cut)	½ c	canned fruit		canned fruit
1 c	fortified tea	1 c	fortified tea	1 c	fortified tea	1 c	fortified tea	1 c	fortified tea
	No Alternate Entrée		No Alternate Entrée	³⁄4 C	scrambled eggs (AE)		No Alternate Entrée		No Alternate Entrée
	DINNER		DINNER		DINNER		DINNER		DINNER
1 ea	chicken leg quarter, herbed (E)	1 ea	chicken leg quarter, herbed(E) chopped	³⁄4 C	pulled poultry thigh (E) OR	1⁄4 C	pulled poultry thigh (E) OR	³⁄4 C	pulled poultry thigh (E) OR
					deboned chicken leg quarter		deboned chicken leg quarter		deboned chicken leg quarter
³⁄4 C	rice	³⁄4 C	rice	½ c	rice	1 c	rice	³⁄4 C	rice
1 c	BBQ beans	1 c	BBQ beans						
½ c	mixed vegetables	½ c	mixed vegetables	½ c	mixed vegetables	½ c	mixed vegetables	½ c	mixed vegetables
1/48 cut	sweet cornbread	1/48 cut	sweet cornbread	2 ea	bread	2 ea	bread	3 ea	bread
						1 oz	jelly (#30 disher)		
				1 oz	margarine (#30 disher)	1 oz		1 oz	LS margarine (#30 disher)
1 c	fortified beverage	1 c	fortified beverage	1 c	fortified beverage	1 c	fortified beverage		fortified beverage
3 oz	peanut butter (AE) (#12 disher)	3 oz	peanut butter (AE) (#12 disher)	3 oz	peanut butter (AE) (#12 disher)	3 oz	peanut butter (AE) (#12 disher)		scrambled eggs (AE)
2 ea	bread	2 ea	bread	2 00	bread		bread		

Therapeutic diets do not receive salt
Only Vegan diets receive salt on trays

Menu represents edible portion unless otherwise noted

(E) Denotes Entree

(AE) Denotes Alternate Entree (AE do not receive gravy, mustard, ketchup)

This is to certify that this menu is reviewed monthly and is served as written unless otherwise noted

Food Service Director

*						
	Menu calls for:	Sliced	OR, substitute	Shredded		
	1 oz	2 slices *	OR	1/4 c.		
	2 oz	4 slices *	OR	1/2 c.		
	3 oz	6 slices *	OR	3/4 c.		
	* stand	lard ordered	size is 1/2 oz	z. slices		

FACILITY OR	
INSTITUTION NAME:_	

Effective: 10/9/2023

FL Department of Corrections Approval
Roosevelt Petithomme, Bureau Chief

### STATE OF FLORIDA DEPARTMENT OF CORRECTIONS MASTER MENU FY 2023-2024 THERAPEUTIC DIETS WEEK 1 Wednesday

MONTH OF	
OPERATION:	

Jennifer Murphy, R.D., L.D./ N Public Health Nutrition Consultant

	Regular		3000 calorie		2200 Calorie		2600 calorie		Vegan
	BREAKFAST		BREAKFAST		BREAKFAST		BREAKFAST		BREAKFAST
				1/3 c	scrambled eggs (E)	1/3 c	scrambled eggs (E)	3 oz	LS peanut butter (# 12 disher)
1 c	buttery oatmeal w/ brown sugar	2 c	buttery oatmeal w/brown sugar	1 ½ c	buttery oatmeal w/brown sugar	1½ c	buttery oatmeal w/brown sugar	2 c	buttery oatmeal w/brown sugar
2 ea	streusel coffee cake (E) (1/48 ea)	2 ea	streusel coffee cake (E)	1 ea	bread	2 ea	bread		
1 ea	fresh fruit	1 ea	fresh fruit	1 ea	fresh fruit	1 ea	fresh fruit	1 ea	fresh fruit
1 c	coffee	1 c	coffee	1 c	coffee	1 c	coffee	1 c	coffee
1 c	breakfast beverage	1 c	breakfast beverage	1 c	breakfast beverage	1 c	breakfast beverage	1 c	breakfast beverage
				1 pk	diet jelly	2 pk	diet jelly		
2 ea	sugar pk	2 ea	sugar pk	2 ea	sugar substitute	2 ea	sugar substitute	2 ea	sugar pk
	No Alternate Entrée		No Alternate Entrée		No Alternate Entrée		No Alternate Entrée		
	LUNCH		LUNCH		LUNCH		LUNCH		LUNCH
½ c	sloppy joe (E)	½ c	sloppy joe (E)	1 c	sloppy joe (E)	1 c	sloppy joe (E)		
½ c	corn	1 c	corn	½ c	corn	1 c	corn	2 c	corn
1 c	dried beans	1 c	dried beans	1 c	dried beans	1 c	dried beans	1 c	dried beans
½ c	green beans	½ c	green beans	½ c	green beans	1 c	green beans	1 c	green beans
2 ea	bread	2 ea	bread	1 ea	bread	1 ea	bread		
								½ c	canned fruit
								½ oz	margarine (# 60 disher )
1 c	fortified tea	1 c	fortified tea	1 c	fortified tea	1 c	fortified tea	1 c	fortified tea
1 c	dried beans (AE)	1 c	dried beans (AE)	1 c	dried beans (AE)	1 c	dried beans (AE)		
					DIMMER		DINNER		DINNER
	DINNER		DINNER		DIMMER				
1 6	DINNER taco skillet (E)	1.0	DINNER taco skillet (E)	1.0	DINNER taco skillet (F)	1.0			BINNER
1 c	taco skillet (E)	1 c	taco skillet (E)	1 c	taco skillet (E)	1 c	taco skillet (E)	2.0	
	taco skillet (E)		taco skillet (E)		taco skillet (E)		taco skillet (E)	2 c	rice
1 c	taco skillet (E) dried beans	1 ½ c	taco skillet (E) dried beans	½ c	taco skillet (E) dried beans	³⁄4 C	taco skillet (E) dried beans	1 c	rice dried beans
1 c ½ c	taco skillet (E)  dried beans broccoli	1½ c ½ c	taco skillet (E)  dried beans broccoli	½ c ½ c	taco skillet (E)  dried beans broccoli	¾ c ½ c	taco skillet (E)  dried beans broccoli		rice
1 c ½ c ½ c	taco skillet (E)  dried beans broccoli garden salad	1 ½ c ½ c ½ c	taco skillet (E)  dried beans broccoli garden salad	½ c ½ c ½ c	taco skillet (E)  dried beans broccoli garden salad	¾ c ½ c ½ c	taco skillet (E)  dried beans broccoli garden salad	1 c	rice dried beans
1 c ½ c ½ c 2 ea	taco skillet (E)  dried beans broccoli garden salad tortillas	1½ c ½ c ½ c 2 ea	taco skillet (E)  dried beans broccoli garden salad tortilla	½ c ½ c	taco skillet (E)  dried beans broccoli	¾ c ½ c ½ c 1 ea	taco skillet (E)  dried beans broccoli garden salad tortilla	1 c 1 c	rice dried beans broccoli
1 c ½ c ½ c 2 ea 1 ea	taco skillet (E)  dried beans broccoli garden salad tortillas cookie	1½ c ½ c ½ c 2 ea 1 ea	taco skillet (E)  dried beans broccoli garden salad tortilla cookie	½ c ½ c ½ c 1 ea	taco skillet (E)  dried beans broccoli garden salad tortilla	¾ c ½ c ½ c 1 ea ½ c	taco skillet (E)  dried beans broccoli garden salad tortilla canned fruit	1 c 1 c	rice dried beans broccoli canned fruit
1 c ½ c ½ c 2 ea 1 ea ½ fl oz	taco skillet (E)  dried beans broccoli garden salad tortillas cookie dressing	1½ c ½ c ½ c 2 ea 1 ea ½ fl oz	taco skillet (E)  dried beans broccoli garden salad tortilla cookie dressing	½ c ½ c ½ c 1 ea ½ fl oz	taco skillet (E)  dried beans broccoli garden salad tortilla  dressing	% c % c % c 1 ea % c % fl oz	taco skillet (E)  dried beans broccoli garden salad tortilla canned fruit dressing	1 c 1 c ½ c ½ oz	rice dried beans broccoli  canned fruit margarine (# 60 disher )
1 c ½ c ½ c 2 ea 1 ea ½ fl oz 1 c	taco skillet (E)  dried beans broccoli garden salad tortillas cookie dressing fortified beverage	1½ c ½ c ½ c 2 ea 1 ea ½ fl oz 1 c	taco skillet (E)  dried beans broccoli garden salad tortilla cookie dressing fortified beverage	½ c ½ c ½ c 1 ea ½ fl oz 1 c	taco skillet (E)  dried beans broccoli garden salad tortilla  dressing fortified beverage	¾ c ½ c ½ c 1 ea ½ c ½ fl oz 1 c	taco skillet (E)  dried beans broccoli garden salad tortilla canned fruit dressing fortified beverage	1 c 1 c	rice dried beans broccoli canned fruit
1 c ½ c ½ c 2 ea 1 ea ½ fl oz 1 c 3 oz	taco skillet (E)  dried beans broccoli garden salad tortillas cookie dressing fortified beverage cheese* (AE)	1 ½ c ½ c ½ c 2 ea 1 ea ½ fl oz 1 c	taco skillet (E)  dried beans broccoli garden salad tortilla cookie dressing fortified beverage cheese* (AE)	½ c ½ c ½ c 1 ea ½ fl oz 1 c 3 oz	taco skillet (E)  dried beans broccoli garden salad tortilla  dressing fortified beverage cheese* (AE)	34 c 12 c 12 c 1 ea 12 c 13 c 13 oz	taco skillet (E)  dried beans broccoli garden salad tortilla canned fruit dressing fortified beverage cheese* (AE)	1 c 1 c ½ c ½ oz	rice dried beans broccoli  canned fruit margarine (# 60 disher )
1 c ½ c ½ c 2 ea 1 ea ½ fl oz 1 c	taco skillet (E)  dried beans broccoli garden salad tortillas cookie dressing fortified beverage	1½ c ½ c ½ c 2 ea 1 ea ½ fl oz 1 c	taco skillet (E)  dried beans broccoli garden salad tortilla cookie dressing fortified beverage	½ c ½ c ½ c 1 ea ½ fl oz 1 c	taco skillet (E)  dried beans broccoli garden salad tortilla  dressing fortified beverage cheese* (AE) rice (AE)	¾ c ½ c ½ c 1 ea ½ c ½ fl oz 1 c	taco skillet (E)  dried beans broccoli garden salad tortilla canned fruit dressing fortified beverage cheese* (AE) rice (AE)	1 c 1 c ½ c ½ oz	rice dried beans broccoli  canned fruit margarine (# 60 disher )
1 c ½ c ½ c 2 ea 1 ea ½ fl oz 1 c 3 oz	taco skillet (E)  dried beans broccoli garden salad tortillas cookie dressing fortified beverage cheese* (AE)	1 ½ c ½ c ½ c 2 ea 1 ea ½ fl oz 1 c	taco skillet (E)  dried beans broccoli garden salad tortilla cookie dressing fortified beverage cheese* (AE)	½ c ½ c ½ c 1 ea ½ fl oz 1 c 3 oz	taco skillet (E)  dried beans broccoli garden salad tortilla  dressing fortified beverage cheese* (AE)	34 c 12 c 12 c 1 ea 12 c 13 c 13 oz	taco skillet (E)  dried beans broccoli garden salad tortilla canned fruit dressing fortified beverage cheese* (AE)	1 c 1 c ½ c ½ oz	rice dried beans broccoli  canned fruit margarine (# 60 disher )

Therapeutic diets do not receive salt Only Vegan diets receive salt on trays

Menu represents edible portion unless otherwise noted

(E) Denotes Entree

(AE) Denotes Alternate Entree

(AE do not receive gravy, mustard, ketchup)

This is to certify that this menu is reviewed monthly and is served as written unless otherwise noted

Food Service Director

Cheese as Menu Item							
Menu calls for:	Sliced	← → OR, substitute	Shredded				
1 oz	2 slices *	OR	1/4 c.				
2 oz	4 slices *	OR	1/2 c.				
3 oz	6 slices *	OR	3/4 c.				
* stanc	lard ordered	size is 1/2 oz	z. slices				

FACILITY OR	
INSTITUTION NAME:_	

STATE OF FLORIDA
DEPARTMENT OF CORRECTIONS
MASTER MENU FY 2023-2024
THERAPEUTIC DIETS
WEEK 1 Wednesday

MONTH OF	
OPERATION:	

Effective: 10/9/2023

FL Department of Corrections Approval Roosevelt Petithomme, Bureau Chief

Jennifer Murphy, R.D., L.D./ N Public Health Nutrition Consultant

	Regular		Mech/Dental		Low Fiber		Pre Dialysis		Dialysis
	BREAKFAST		BREAKFAST		BREAKFAST		BREAKFAST		BREAKFAST
				³⁄4 C	scrambled eggs (E)			³⁄4 C	scrambled eggs (E)
1 c	buttery oatmeal	1 c	buttery oatmeal	½ C	buttery oatmeal	1 c	buttery oatmeal	½ c	buttery oatmeal
2 ea	streusel coffee cake (E) (1/48 ea)	2 ea	streusel coffee cake (E) (1/48 ea)	2 ea	streusel coffee cake (E) (1/48 ea)	2 ea	streusel coffee cake (E) (1/48 ea)	3 ea	bread
1 ea	fresh fruit	½ C	Citrus Sunrise***	½ C	Citrus Sunrise	1 ea	fresh fruit	1 ea	fresh fruit
1 c	coffee	1 c	coffee	1 c	coffee	1 c	coffee	1 c	coffee
1 c	breakfast beverage	1 c	breakfast beverage	1 c	breakfast beverage	1 c	breakfast beverage	1 c	breakfast beverage
								1 oz	jelly (#30 disher)
2 ea	sugar pk	2 ea	sugar pk	2 ea	sugar pk	2 ea	sugar pk	2 ea	sugar pk
				1 oz	margarine (#30 disher)	1 oz	LS margarine (#30 disher)	1 oz	LS margarine (#30 disher)
	No Alternate Entrée		No Alternate Entrée	No A	lternate Entrée	No A	Alternate Entrée	No	Alternate Entrée
		***can give	banana when available						
	LUNCH		LUNCH		LUNCH		LUNCH		LUNCH
½ c	sloppy joe (E)	½ c	sloppy joe (E)	½ c	sloppy joe (E)	½ c	sloppy joe (E)	½ c	sloppy joe (E)
½ c	corn	½ c	corn	½ c	pasta	½ c	corn	½ c	corn
1 c	dried beans	1 c	dried beans						
½ c	green beans	½ c	green beans	½ c	green beans	½ c	green beans	½ c	green beans
2 ea	bread	2 ea	bread	2 ea	bread	2 ea	bread	2 ea	bread
						½ c	canned fruit	½ c	canned fruit
				1 oz	margarine (#30 disher)	1 oz	LS margarine (#30 disher)		
1 c	fortified tea	1 c	fortified tea	1 c	fortified tea	1 c	fortified tea	1 c	fortified tea
1 c	dried beans (AE)	1 c	dried beans (AE)	³⁄4 C	scrambled eggs (AE)	2 oz	cheese* (AE)	³⁄4 C	scrambled eggs (AE)
	DINNER		DINNER		DINNER		DINNER		DINNER
1 c	taco skillet (E)	1 c	taco skillet (E)	³⁄4 C	pulled poultry thigh (E) OR	1 c	taco skillet (E)	³⁄4 C	pulled poultry thigh (E) OR
					deboned chicken leg quarter				deboned chicken leg quarter
1 c	dried beans	1 c	dried beans	½ c	rice			³⁄4 C	rice
½ c	broccoli	1 c	broccoli	½ c	broccoli	1 c	broccoli		broccoli
½ c	garden salad								
2 ea	tortillas	2 ea	tortillas	2 ea	tortillas	2 ea	tortillas	2 ea	tortillas
1 ea	cookie	1 ea	cookie	1 ea	cookie	1 ea	cookie	1 ea	cookie
½ fl oz	dressing			1 oz	margarine (#30 disher)	1 oz	LS margarine (#30 disher)	1 oz	LS margarine (#30 disher)
1 c	fortified beverage	1 c	fortified beverage	1 c	fortified beverage	1 c	fortified beverage	1 c	fortified beverage
1 c	dried beans (AE)	1 c	dried beans (AE)	3 oz	cheese* (AE)	3 oz	cheese* (AE)	³∕4 C	scrambled eggs (AE)
½ c	rice (AE)	½ c	rice (AE)						

Therapeutic diets do not receive salt
Only Vegan diets receive salt on trays

Menu represents edible portion unless otherwise noted

(E) Denotes Entree

(AE) Denotes Alternate Entree

(AE) does not receive gravy, mustard, ketchup

This is to certify that this menu is reviewed monthly and is served as written unless otherwise noted

**Food Service Director** 

Cheese as Menu Item										
Menu calls for:	Sliced	OR, substitute	Shredded							
1 oz	2 slices *	OR	1/4 c.							
2 oz	4 slices *	OR	1/2 c.							
3 oz	6 slices *	OR	3/4 c.							
* standard ordered size is 1/2 oz. slices										

FACILITY OR		
INSTITUTION NAME:	 	

### STATE OF FLORIDA DEPARTMENT OF CORRECTIONS MASTER MENU FY 2023-2024 THERAPEUTIC DIETS WEEK 1 Thursday

MONTH OF	
OPERATION:	

Effective: 10/9/2023

FL Department of Corrections Approval Roosevelt Petithomme, Bureau Chief

Jennifer Murphy, R.D., L.D./ N Public Health Nutrition Consultant

	Regular		3000 calorie		2200 Calorie		2600 calorie		Vegan
	BREAKFAST		BREAKFAST		BREAKFAST		BREAKFAST		BREAKFAST
¾ C	country meat gravy (E)	¾ C	country meat gravy (E)	½ c	country meat gravy (E)	³⁄4 C	country meat gravy (E)	3 oz	LS peanut butter (# 12 disher)
1 c	buttery grits	2 c	buttery grits	1 c	buttery grits	1½ c	buttery grits	2 c	buttery grits
2 ea	bakery biscuits (1/48 ea)	2 ea	biscuits	1 ea	bread	2 ea	bread		
½ c	Citrus Sunrise	½ c	Citrus Sunrise	1 c	Citrus Sunrise	1 c	Citrus Sunrise	½ c	Citrus Sunrise
1 c	coffee	1 c	coffee	1 c	coffee	1 c	coffee	1 c	coffee
1 c	breakfast beverage	1 c	breakfast beverage	1 c	breakfast beverage	1 c	breakfast beverage	1 c	breakfast beverage
½ oz	jelly (#60 disher)	½ oz	jelly (#60 disher)	1 pk	diet jelly	2 pk	diet jelly		
2 ea	sugar pk	2 ea	sugar pk	2 ea	sugar substitute	2 ea	sugar substitute	2 ea	sugar pk
2 oz	cheese* (AE)*	2 oz	cheese* (AE)	2 oz	cheese* (AE)	2 oz	cheese* (AE)		
	LUNCH		LUNCH		LUNCH		LUNCH		LUNCH
∕2 C	tangy BBQ turkey (E)	1 c	tangy BBQ turkey (E)	½ c	tangy BBQ turkey (E)	½ c	tangy BBQ turkey (E)	2 c	oven browned potatoes
∕₂ C	greens	1 c	greens	½ c	greens	½ c	greens	1 c	dried beans
½ c	carrots	½ c	carrots	1 c	carrots	1 c	carrots	½ c	carrots
2 ea	bread	2 ea	bread	1 ea	bread	2 ea	bread	½ c	greens
1 ea	cookie	1 ea	cookie	½ c	canned fruit	½ c	canned fruit	½ c	canned fruit
								½ oz	margarine (# 60 disher )
1 c	fortified tea	1 c	fortified tea	1 c	fortified tea	1 c	fortified tea	1 c	fortified tea
1 c	dried beans (AE)	1 c	dried beans (AE)	½ c	dried beans (AE)	1 c	dried beans (AE)		
	DINNER		DINNER		DINNER		DINNER		DINNER
1 ea	country patty (E)	1 ea	country patty (E)	1 ea	country patty (E)	1 ea	country patty (E)		
¾ C	pasta	1½ c	pasta	½ c	pasta	³⁄4 C	pasta	2 c	PLAIN pasta
1 c	dried beans	1 c	dried beans			½ c	dried beans	1 c	dried beans
∕₂ C	cabbage	½ c	cabbage	½ c	cabbage	½ c	cabbage	1 c	cabbage
2 ea	bread	2 ea	bread	1 ea	bread	1 ea	bread		
√₃ oz	mustard	⅓ oz	mustard	⅓ oz	mustard	⅓ OZ	mustard	½ c	canned fruit
⅓ oz	ketchup	⅓ oz	ketchup	⅓ oz	ketchup	⅓ oz	ketchup	½ oz	margarine (# 60 disher )
1 c	fortified beverage	1 c	fortified beverage	1 c	fortified beverage	1 c	fortified beverage	1 c	fortified beverage
3 oz	peanut butter (AE) (#12 disher)	3 oz	peanut butter (AE) (#12 disher)	3 oz	peanut butter (AE) (#12 disher)	3 oz	peanut butter (AE) (#12 disher)		
					H.S. Snack		H.S. Snack		
				2 T	LS peanut butter (#30 disher )	2 T	LS peanut butter (#30 disher )		
				2 ea	bread	2 ea	bread		

Therapeutic diets do not receive salt and pepper.

Only Vegan diets receive salt and pepper on trays

Menu represents edible portion unless otherwise noted

(E) Denotes Entree

(AE) Denotes Alternate Entree

(AE) does not receive gravy, mustard, ketchup

This is to certify that this menu is reviewed monthly and is served as written unless otherwise noted

Food Service Director

Cheese as Menu Item					
Menu calls for:	Sliced	← → OR, substitute	Shredded		
1 oz	2 slices *	OR	1/4 c.		
2 oz	4 slices *	OR	1/2 c.		
3 oz	6 slices *	OR	3/4 c.		
* stand	* standard ordered size is 1/2 oz. slices				

FACILITY OR	
INSTITUTION NAME:_	

STATE OF FLORIDA
DEPARTMENT OF CORRECTIONS
MASTER MENU FY 2023-2024
THERAPEUTIC DIETS
WEEK 1 Thursday

MONTH OF	
OPERATION:	

Effective: 10/9/2023

FL Department of Corrections Approval Roosevelt Petithomme, Bureau Chief

And R.P

Jennifer Murphy, R.D., L.D./ N Public Health Nutrition Consultant

	Regular	Mech/Dental	Low Fiber	Pre Dialysis	Dialysis
	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
¾ C	country meat gravy (E)	% c country meat gravy (E)	¾ c scrambled eggs (E)	¼ c scrambled eggs (E) (#16disher)	¾ c scrambled eggs (E)
1 c	buttery grits	1 c buttery grits	½ c buttery grits	1 c buttery grits	1 c buttery grits
2 ea	bakery biscuits (1/48 ea)	2 ea bakery biscuits (1/48 ea)	2 ea bread	2 ea bread	3 ea bread
½ c	Citrus Sunrise	½ c Citrus Sunrise	½ c Citrus Sunrise	½ c canned fruit	½ c canned fruit
1 c	coffee	1 c coffee	1 c coffee	1 c coffee	1 c coffee
1 c	breakfast beverage	1 c breakfast beverage	1 c breakfast beverage	1 c breakfast beverage	1 c breakfast beverage
½ oz	jelly (#60 disher)	½ oz jelly (# 60 disher)	½ oz jelly (# 60 disher)	2 oz jelly (#16disher)	1 oz jelly (#30 disher)
2 ea	sugar pk	2 ea sugar pk	2 ea sugar pk	2 ea sugar pk	2 ea sugar pk
			1 oz margarine (#30 disher)	1 oz LS margarine (#30 disher)	1 oz LS margarine (#30 disher)
2 oz	cheese* (AE)	2 oz cheese* (AE)	No alternate entrée	No alternate entrée	No alternate entrée
	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
½ C	tangy BBQ turkey (E)	½ c tangy BBQ turkey (E)	¾ c ground chicken (E)	¼ c ground chicken (E)	½ c ground chicken (E)
			½ c rice	½ c rice	¾ c rice
½ c	greens	½ c greens		½ c greens	½ c greens
½ c	carrots	½ c carrots	½ c carrots	½ c carrots	½ c carrots
2 ea	bread	2 ea bread	2 ea bread	2 ea bread	2 ea bread
1 ea	cookie	1 ea cookie	1 ea cookie	1 ea cookie	1 ea cookie
			1 oz margarine (#30 disher)	1 oz LS margarine (#30 disher)	
1 c	fortified tea	1 c fortified tea	1 c fortified tea	1 c fortified tea	1 c fortified tea
1 c	dried beans (AE)	1 c dried beans (AE)	3 oz cheese* (AE)	½ c dried beans (AE)	¾ c scrambled eggs (AE)
	DINNER	DINNER	DINNER	DINNER	DINNER
1 ea	country patty (E)	3 oz country patty (E) (chopped)	¾ c pulled poultry thigh (E) OR	3 oz country patty (E)	3 oz country patty (E)
			deboned chicken leg quarter		
¾ C	pasta	¾ c pasta	½ c pasta	½ c pasta	¾ c pasta
1 c	dried beans	1 c dried beans			
½ c	cabbage	½ c cabbage	½ c cabbage	1 c cabbage	½ c cabbage
2 ea	bread	2 ea bread	2 ea bread	2 ea bread	3 ea bread
			1 oz margarine (#30 disher)	1 oz LS margarine (#30 disher)	1 oz LS margarine (#30 disher)
				½ c canned fruit	½ c canned fruit
⅓ oz	mustard	⅓ oz mustard		⅓ oz mustard	⅓ oz mustard
1/ 0-	ketchup	⅓ oz ketchup		⅓ oz ketchup	⅓ oz ketchup
⅓ oz	·	·	1 c fortified beverage	1 c fortified beverage	1 c fortified beverage
⁄₃ OZ 1 C	fortified beverage	1 c fortified beverage	1 C Tortified beverage	1 C Tortified beverage	1 C TOTTITE DEVELORE

Therapeutic diets do not receive salt

Only Vegan diets receive salt on trays

Menu represents edible portion unless otherwise noted

(E) Denotes Entree

(AE) Denotes Alternate Entree

(AE) does not receive gravy, mustard, ketchup

This is to certify that this menu is reviewed monthly and is served as written unless otherwise noted

Food Service Director

١	Cheese as Menu Item						
	Menu calls for:	Sliced	OR, substitute	Shredded			
	1 oz	2 slices *	OR	1/4 c.			
	2 oz 4 slices *		OR	1/2 c.			
	3 oz	6 slices *	OR	3/4 c.			
	* standard ordered size is 1/2 oz. slices						

FACILITY OR	
INSTITUTION NAME:_	

STATE OF FLORIDA
DEPARTMENT OF CORRECTIONS
MASTER MENU FY 2023-2024
THERAPEUTIC DIETS
WEEK 1 Friday

MONTH OF	
OPERATION:	

Effective: 10/9/2023

FL Department of Corrections Approval Roosevelt Petithomme, Bureau Chief

Jennifer Murphy, R.D., L.D./ N Public Health Nutrition Consultant

Regular	3000 calorie	2200 Calorie	2600 calorie	Vegan
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
⅓ c scrambled eggs (E)	⅓ c scrambled eggs (E)	⅓ c scrambled eggs (E)	⅓ c scrambled eggs (E)	3 oz LS peanut butter (# 12 disher)
1 c buttery oatmeal	1½ c buttery oatmeal	½ c buttery oatmeal	½ c buttery oatmeal	1½ c buttery oatmeal
2 ea tortillas	2 ea tortillas	2 ea tortillas	2 ea tortillas	
	½ c Citrus Sunrise		½ c Citrus Sunrise	½ c Citrus Sunrise
1 oz shredded cheese*	1 oz shredded cheese*		1 oz shredded cheese*	
1 c breakfast beverage	1 c breakfast beverage	1 c breakfast beverage	1 c breakfast beverage	1 c breakfast beverage
2 ea sugar pk	2 ea sugar pk	2 ea sugar substitute	2 ea sugar substitute	2 ea sugar pk
No Alternate Entrée	No Alternate Entrée	No Alternate Entrée	No Alternate Entrée	
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
1 ea buffalo chicken patty (E)	1 ea buffalo chicken patty (E)	1 ea buffalo chicken patty (E)	1 ea buffalo chicken patty (E)	1 c dried beans
				_
¾ c pasta salad	2 c pasta salad	½ c pasta salad	1½ c pasta salad	2 c pasta
½ c shredded lettuce	½ c shredded lettuce	½ c shredded lettuce	½ c shredded lettuce	1 c shredded lettuce
2 ea bread	2 ea bread	2 ea bread	2 ea bread	
		1 ea fresh fruit	1 ea fresh fruit	1 ea fresh fruit
⅓ oz mayonnaise	⅓ oz mayonnaise	⅓ oz mayonnaise	⅓ oz mayonnaise	
⅓ oz mustard	⅓ oz mustard	⅓ oz mustard	⅓ oz mustard	½ oz margarine (# 60 disher )
1 c fortified tea	1 c fortified tea	1 c fortified tea	1 c fortified tea	1 c fortified tea
3 oz cheese* (AE)	3 oz cheese* (AE)	3 oz cheese* (AE)	3 oz cheese* (AE)	
DINNER	DINNER	DINNER	DINNER	DINNER
1 ea fish patty (E)	3 oz fish patty (E)	3 oz fish patty (E)	3 oz fish patty (E)	1 c dried beans
1 c cheesy grits	1½ c cheesy grits	½ c cheesy grits	½ c cheesy grits	2 c PLAIN GRITS
½ c green beans	½ c green beans	½ c green beans	½ c green beans	1 c green beans
1 c dried beans	1 c dried beans	g. com account	g. con scane	g, con downs
2 ea bread	2 ea bread	1 ea bread	1 ea bread	
1 ea cake (1/48 cut)	1 ea cake(1/48 cut)		½ c canned fruit	½ c canned fruit
½ fl oz tartar sauce	½ floz tartar sauce	½ fl oz tartar sauce	½ fl oz tartar sauce	½ oz margarine (# 60 disher )
1 c fortified beverage	1 c fortified beverage	1 c fortified beverage	1 c fortified beverage	1 c fortified beverage
1 c dried beverage	1 c dried beverage	1 c dried beverage	1 c dried beverage	1 c Torumed beverage
1 C unica scans (AL)	T C Grica Bearis (AL)	T C unica beans (AL)	1 C direct bearis (AL)	
		H.S. Snack	H.S. Snack	
		2 T LS peanut butter (#30 disher)	2 T LS peanut butter (#30 disher)	
		2 ea bread	2 ea bread	

Therapeutic diets do not receive salt
Only Vegan diets receive salt on trays

Menu represents edible portion unless otherwise noted

- (E) Denotes Entree
- (AE) Denotes Alternate Entree

(AE) does not receive gravy, mustard, ketchup

This is to certify that this menu is reviewed monthly and is served as written unless otherwise noted

Food Service Director

*	Cheese as Menu Item						
	Menu calls for:	Sliced	← → OR, substitute	Shredded			
	1 oz	1 oz 2 slices *	OR	1/4 c.			
	2 oz	4 slices *	OR	1/2 c.			
	3 oz	6 slices *	OR	3/4 c.			
	* standard ordered size is 1/2 oz. slices						

FACILITY OR		
INSTITUTION NAME:		

STATE OF FLORIDA
DEPARTMENT OF CORRECTIONS
MASTER MENU FY 2023-2024
THERAPEUTIC DIETS
WEEK 1 Friday

MONTH OF	
OPERATION:	

Effective: 10/9/2023

FL Department of Corrections Approval Roosevelt Petithomme, Bureau Chief

Jennifer Murphy, R.D., L.D./ N Public Health Nutrition Consultant

	Regular	Mech/D	ental	Low Fiber		Pre Dialysis		Dialysis
	BREAKFAST	BREAKE	AST	BREAKFAST		BREAKFAST		BREAKFAST
⅓ C	scrambled eggs (E)	⅓ c scrambled eggs (E)	³⁄4 C	scrambled eggs (E)	⅓ C	scrambled eggs (E)	³⁄4 C	scrambled eggs (E)
1 c	buttery oatmeal	1 c buttery oatmeal	<u>⅓</u> c	buttery oatmeal	1 c	buttery oatmeal	½ c	buttery oatmeal
2 ea	tortillas	2 ea tortillas	2 ea	tortillas	2 ea	tortillas	2 ea	tortillas
1 oz	shredded cheese*	1 oz shredded cheese*	1 oz	shredded cheese*				
½ c	Citrus Sunrise	½ c Citrus Sunrise	½ c	Citrus Sunrise	½ c	Citrus Sunrise	½ c	Citrus Sunrise
1 c	coffee	1 c coffee	1 c	coffee	1 c	coffee	1 c	coffee
1 c	breakfast beverage	1 c breakfast beverage	1 c	breakfast beverage	1 c	breakfast beverage	1 c	breakfast beverage
					2 oz	jelly (#16 disher)	1 oz	jelly (#30 disher)
2 ea	sugar pk	2 ea sugar pk	2 ea	sugar pk	2 ea	sugar pk	2 ea	sugar pk
			1 oz	margarine (#30 disher)	1 oz	LS margarine (#30 disher)	1 oz	LS margarine (#30 disher)
	No Alternate Entrée	No Alternate Entrée		No Alternate Entrée		No Alternate Entrée		No Alternate Entrée
	LUNCH	LUNC	CH	LUNCH		LUNCH		LUNCH
1 ea	buffalo chicken patty (E)	1 ea buffalo chicken patty (E	c) (chopped) 3/4 c	ground chicken (E)	1⁄4 c	ground chicken (E) (#16 disher)	½ c	ground chicken (E)
¾ C	pasta salad	¾ c pasta	<b>½</b> с	pasta	½ c	pasta salad	³∕4 C	pasta salad
½ c	lettuce	½ c squash	½ c	squash	½ c	lettuce	½ c	lettuce
2 ea	bread	2 ea bread	2 ea	bread	2 ea	bread	2 ea	bread
			1 oz	margarine (#30 disher)				
⅓ oz	mayonnaise	⅓ oz mayonnaise	⅓ oz	mayonnaise	⅓ oz	mayonnaise	⅓ oz	mayonnaise
⅓ oz	mustard	⅓ oz mustard	⅓ oz	mustard	1/3 oz	mustard	⅓ oz	mustard
1 c	fortified tea	1 c fortified tea	1 c	fortified tea	1 c	fortified tea	1 c	fortified tea
3 oz	cheese* (AE)	3 oz cheese* (AE)	3 oz	cheese* (AE)	3 oz	cheese* (AE)	³⁄4 C	scrambled eggs (AE)
	DINNER	DINN	ER	DINNER		DINNER		DINNER
1 ea	fish patty (E)	1 ea fish patty (E) chopped	3 oz	fish patty (E)	3 oz	fish patty (E)	3 oz	fish patty (E)
1 c	cheesy grits	1 c cheesy grits	½ c	cheesy grits	³⁄4 C	cheesy grits	³⁄4 C	cheesy grits
½ c	green beans	½ c green beans	1⁄2 C	green beans	½ c	green beans	½ c	green beans
1 c	dried beans	1 c dried beans						
2 ea	bread	2 ea bread	2 ea	bread	2 ea	bread	3 ea	bread
1 ea	cake (1/48 cut)	1 ea cake (1/48 cut)	1 ea	cake (1/48 cut)	1 ea	cake (1/48 cut)	1 ea	cake(1/48 cut)
1/ CL -	tartar sauce	½ floz tartar sauce	½ fl oz	tartar sauce	½ fl oz	tartar sauce	½ fl oz	tartar sauce
½ fl oz					1 oz	jelly ( # 30 disher )		
½ 11 OZ			I I				I	
½ fl OZ			1 oz	margarine (#30 disher)	1 oz	LS margarine (#30 disher)	1 oz	LS margarine (#30 disher)
½ fl oz	fortified beverage	1 c fortified beverage	1 oz 1 c	margarine (#30 disher) fortified beverage	1 oz 1 c	LS margarine (#30 disher) fortified beverage	1 oz 1 c	LS margarine (#30 disher) fortified beverage

Therapeutic diets do not receive salt Only Vegan diets receive salt on trays

Menu represents edible portion unless otherwise noted

(E) Denotes Entree

(AE) Denotes Alternate Entree

(AE) does not receive gravy, mustard, ketchup

This is to certify that this menu is reviewed monthly and is served as written unless otherwise noted

Food Service Director

*	Cheese as Menu Item						
	Menu calls for:	Sliced	← → OR, substitute	Shredded			
	1 oz	2 slices *	OR	1/4 c.			
	2 oz	4 slices *	OR	1/2 c.			
	3 oz	6 slices *	OR	3/4 c.			
	* standard ordered size is 1/2 oz. slices						

FACILITY OR		
INSTITUTION NAME:		

### STATE OF FLORIDA DEPARTMENT OF CORRECTIONS MASTER MENU FY 2023-2024 THERAPEUTIC DIETS WEEK 1 Saturday

MONTH OF	
OPERATION:_	

Effective: 10/9/2023

FL Department of Corrections Approval Roosevelt Petithomme, Bureau Chief

Jennifer Murphy, R.D., L.D./ N Public Health Nutrition Consultant

	Regular		3000 calorie		2200 Calorie		2600 calorie		Vegan
	BREAKFAST		BREAKFAST		BREAKFAST		BREAKFAST		BREAKFAST
				⅓ c	scrambled eggs (E)	⅓ c	scrambled eggs (E)	3 oz	LS peanut butter (# 12 disher)
1 c	bran flakes cereal	1 ½ c	bran flakes cereal	1 ½ c	bran flakes cereal	1 ½ c	bran flakes cereal	2 c	buttery oatmeal
2 ea	blueberry muffin square (E) (1/48 ea)	2 ea	blueberry muffin square (E) (1/48 ea)	1 ea	bread	2 ea	bread		
½ c	canned or frozen fruit	½ c	canned or frozen fruit	½ c	canned or frozen fruit	½ c	canned or frozen fruit	½ c	canned or frozen fruit
1 c	coffee	1 c	coffee	1 c	coffee	1 c	coffee	1 c	coffee
1 c	breakfast beverage	1 c	breakfast beverage	1 c	breakfast beverage	1 c	breakfast beverage	1 c	breakfast beverage
				1 pk	diet jelly	2 pk	diet jelly		
2 ea	sugar pk	2 ea	sugar pk	2 ea	sugar substitute	2 ea	sugar substitute	2 ea	sugar pk
	No Alternate Entrée		No Alternate Entrée		No Alternate Entrée		No Alternate Entrée		
	LUNCH		LUNCH		LUNCH		LUNCH		LUNCH
½ c	southern BBQ (E)	½ c	southern BBQ (E)	½ c	southern BBQ (E)	½ c	southern BBQ (E)		
¾ C	rice	1 ½ c	rice	½ c	rice	1 c	rice	2 c	rice
1 c	dried beans	1 c	dried beans	1 c	dried beans	1 c	dried beans	1 c	dried beans
½ c	carrots	½ c	carrots	½ c	carrots	½ c	carrots	½ c	carrots
2 ea	bread	2 ea	bread	1 ea	bread	1 ea	bread		
1 ea	cookie	1 ea	cookie					½ c	canned fruit
								½ oz	margarine (# 60 disher )
1 c	fortified tea	1 c	fortified tea	1 c	fortified tea	1 c	fortified tea	1 c	fortified tea
1 c	dried beans (AE)	1 c	dried beans (AE)	1 c	dried beans (AE)	1 c	dried beans (AE)		
	DINNER		DINNER		DINNER		DINNER		DINNER
1 ea	chicken sausage patty (E)	1 ea	chicken sausage patty (E)	1 ea	chicken sausage patty (E)	1 ea	chicken sausage patty (E)	2 c	pasta
½ c	BBQ beans	1 ½ c	BBQ beans					1 c	dried beans (AE)
½ C	mixed vegetables	½ c	mixed vegetables	½ c	mixed vegetables	1 c	mixed vegetables	1 c	mixed vegetables
½ c	creamy coleslaw	½ c	creamy coleslaw	½ c	creamy coleslaw	1 c	creamy coleslaw		
2 ea	bread	2 ea	bread	1 ea	bread	1 ea	bread	½ c	canned fruit
⅓ oz	mustard	⅓ oz	mustard	⅓ oz	mustard	⅓ oz	mustard		
⅓ oz	ketchup	⅓ oz	ketchup	⅓ oz	ketchup	⅓ oz	ketchup	½ oz	margarine (# 60 disher )
1 c	fortified beverage	1 c	fortified beverage	1 c	fortified beverage	1 c	fortified beverage	1 c	fortified beverage
1 c	BBQ beans (AE)	1 c	BBQ beans (AE)	1 c	dried beans(AE)	1 c	dried beans (AE)		
					H.S. Snack		H.S. Snack		
				2 T	LS peanut butter (#30 disher)	2 T	LS peanut butter (#30 disher)		
				2 ea	bread	2 ea	bread		

Therapeutic diets do not receive salt

Only Vegan diets receive salt on trays

Menu represents edible portion unless otherwise noted

- (E) Denotes Entree
- (AE) Denotes Alternate Entree

(AE) does not receive gravy, mustard, ketchup

This is to certify that this menu is reviewed monthly and is served as written unless otherwise noted

Food Service Director

•	Cheese as Menu Item					
	Menu calls for:	Sliced	← → OR, substitute	Shredded		
	1 oz	2 slices *	OR	1/4 c.		
	2 oz	4 slices *	OR	1/2 c.		
	3 oz	6 slices *	OR	3/4 c.		
	* standard ordered size is 1/2 oz. slices					

FACILITY OR		
INSTITUTION NAME:		

### STATE OF FLORIDA DEPARTMENT OF CORRECTIONS MASTER MENU FY 2023-2024 THERAPEUTIC DIETS WEEK 1 Saturday

MONTH OF	
OPERATION:	

Effective: 10/9/2023

FL Department of Corrections Approval Roosevelt Petithomme, Bureau Chief

And R.P

Jennifer Murphy, R.D., L.D./ N Public Health Nutrition Consultant

	Regular	Mech/Dental	Low Fiber	Pre Dialysis	Dialysis
	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
1 c 2 ea ½ c 1 c 1 c	bran flakes cereal blueberry muffin square (E) (1/48 ea) canned or frozen fruit coffee breakfast beverage sugar pk	1 c bran flakes cereal 2 ea blueberry muffin square (E) (1/48 ea) ½ c canned fruit 1 c coffee 1 c breakfast beverage  2 ea sugar pk	<ul> <li>¾ c scrambled eggs (E)</li> <li>½ c grits</li> <li>2 ea blueberry muffin square (E) (1/48 ea)</li> <li>½ c Citrus Sunrise</li> <li>1 c coffee</li> <li>1 c breakfast beverage</li> <li>2 ea sugar pk</li> <li>1 oz margarine (#30 disher)</li> </ul>	1 c bran flakes cereal 2 ea blueberry muffin square (E) (1/48 ea) ½ c canned or frozen fruit 1 c coffee 1 c breakfast beverage  2 ea sugar pk 1 oz LS margarine (#30 disher)	34 c scrambled eggs (E) 25 c bran flakes cereal 26 a bread 27 c canned or frozen fruit 27 c coffee 28 1 c breakfast beverage 29 1 oz jelly (#30 disher) 20 ea sugar pk 20 1 oz LS margarine (#30 disher)
	No Alternate Entrée	No Alternate Entrée	1 oz margarine (#30 disher)  No Alternate Entrée	No Alternate Entrée	No Alternate Entrée
	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
½ c	southern BBQ (E)	½ c southern BBQ (E)	½ c southern BBQ (E)	½ c southern BBQ (E)	½ c southern BBQ (E)
¾ C	rice	¾ c rice	½ c rice	¾ c rice	¾ c rice
1 c	dried beans	1 c dried beans			
½ c	carrots	½ c carrots	½ c carrots	½ c carrots	½ c carrots
2 ea	bread	2 ea bread	2 ea bread	2 ea bread	2 ea bread
1 ea	cookie	1 ea cookie	1 ea cookie	1 ea cookie	1 ea cookie
			1 oz margarine (#30 disher)	1 oz LS margarine (#30 disher)	
1 c	fortified tea	1 c fortified tea	1 c fortified tea	1 c fortified tea	1 c fortified tea
1 c	dried beans (AE)	1 c dried beans (AE)	3 oz cheese* (AE)*	¾ c dried beans (AE)	¾ c scrambled eggs (AE)
	DINNER	DINNER	DINNER	DINNER	DINNER
1 ea	chicken sausage patty (E)	1 ea chicken sausage patty (E) (chopped)	¾ c pulled poultry thigh (E) OR deboned chicken leg quarter	1 ea chicken sausage patty (E)	¾ c pulled poultry thigh (E) OR deboned chicken leg quarter
½ c	BBQ beans	½ c BBQ beans	½ c pasta	¾ c pasta	¾ c pasta
½ c	mixed vegetables	½ c mixed vegetables	½ c mixed vegetables	½ c mixed vegetables	½ c mixed vegetables
½ c	creamy coleslaw	½ c creamy coleslaw		½ c creamy coleslaw	
				½ c canned fruit	½ c canned fruit
2 ea	bread	2 ea bread	2 ea bread	2 ea bread	3 ea bread
⅓ oz	mustard	⅓ oz mustard	⅓ oz mustard	⅓ oz mustard	
⅓ oz	ketchup	⅓ oz ketchup	⅓ oz ketchup	⅓ oz ketchup	
			1 oz margarine (#30 disher)	1 oz LS margarine (#30 disher)	1 oz LS margarine (#30 disher)
1 c	fortified beverage	1 c fortified beverage	1 c fortified beverage	1 c fortified beverage	1 c fortified beverage
1 c	BBQ beans (AE)	1 c BBQ beans (AE)	¾ c scrambled eggs (AE)	2 oz peanut butter ( # 16 disher ) (AE)	¾ c scrambled eggs (AE)

Therapeutic diets do not receive salt
Only Vegan diets receive salt on trays

Menu represents edible portion unless otherwise noted

(E) Denotes Entree

(AE) Denotes Alternate Entree

(AE) does not receive gravy, mustard, ketchup

This is to certify that this menu is reviewed monthly and is served as written unless otherwise noted

Food Service Director

Cheese as Menu Item Sliced Shredded Menu calls OR, substitute 2 slices \* OR 1/4 c. 1 oz OR 2 oz 4 slices \* 1/2 c. 3 oz 6 slices \* \* standard ordered size is 1/2 oz. slices

FACILITY OR	
INSTITUTION NAME:	

### STATE OF FLORIDA DEPARTMENT OF CORRECTIONS MASTER MENU FY 2023-2024 THERAPEUTIC DIETS WEEK 1 Sunday

MONTH OF	
OPERATION:_	

Effective: 10/9/2023

FL Department of Corrections Approval Roosevelt Petithomme, Bureau Chief

Jennifer Murphy, R.D., L.D./ N Public Health Nutrition Consultant

	Regular		3000 calorie		2200 Calorie		2600 calorie		Vegan
	BREAKFAST		BREAKFAST		BREAKFAST		BREAKFAST		BREAKFAST
⅓ C	scrambled eggs (E)	⅓ C	scrambled eggs (E)	⅓ C	scrambled eggs (E)	⅓ C	scrambled eggs (E)	3 oz	LS peanut butter (#12 disher)
1 c	buttery grits	2 c	buttery grits	1 ½ c	buttery grits	2 c	buttery grits	2 c	buttery grits
	, -						, -		, -
2 ea	bran muffin square (1/48 ea)	2 ea	bran muffin square (1/48 ea)	1 ea	bread	2 ea	bread		
½ c	Citrus Sunrise	½ c	Citrus Sunrise	½ c	Citrus Sunrise	½ c	Citrus Sunrise	½ c	Citrus Sunrise
1 c	coffee	1 c	coffee	1 c	coffee	1 c	coffee	1 c	coffee
1 c	breakfast beverage	1 c	breakfast beverage	1 c	breakfast beverage	1 c	breakfast beverage	1 c	breakfast beverage
½ oz	jelly (#60 disher)	½ oz	jelly (#60 disher)	1 pk	diet jelly	2 pk	diet jelly		
2 ea	sugar pk	2 ea	sugar pk	2 ea	sugar substitute	2 ea	sugar substitute	2 ea	sugar pk
	No Alternate Entrée		No Alternate Entrée		No Alternate Entrée	No A	lternate Entree		
	LUNCH		LUNCH		LUNCH		LUNCH		LUNCH
½ c	sloppy joe (E)	½ c	sloppy joe (E)	½ c	sloppy joe (E)	½ c	sloppy joe (E)		
¾ C	mashed potatoes	1½ c	mashed potatoes	³⁄4 C	mashed potatoes	³⁄4 C	mashed potatoes	2 c	oven brown potatoes
1 c	baked beans	1 c	baked beans	1 c	dried beans	1 c	dried beans	1 c	dried beans
½ c	coleslaw vinaigrette	½ c	coleslaw vinaigrette	½ c	coleslaw vinaigrette	½ c	coleslaw vinaigrette	½ c	cabbage
2 ea	bread	2 ea	bread	1 ea	bread	2 ea	bread		
				½ c	canned fruit	½ c	canned fruit	½ c	canned fruit
								½ oz	margarine (# 60 disher )
1 c	fortified tea	1 c	fortified tea	1 c	fortified tea	1 c	fortified tea	1 c	fortified tea
1 c	baked beans (AE)	1 c	baked beans (AE)	1 c	baked beans (AE)	1 c	baked beans (AE)		
	DINNER		DINNER		DINNER		DINNER		DINNER
1 ea	pepper chicken patty (E)	1 ea	pepper chicken patty (E)	1 ea	pepper chicken patty (E)	1 ea	pepper chicken patty (E)	1 c	dried beans
¾ C	pasta salad	1½ c	pasta salad	½ c	pasta salad	³⁄4 C	pasta salad	2 c	pasta
½ c	shredded lettuce	½ c	shredded lettuce	½ c	shredded lettuce	½ c	shredded lettuce	½ c	lettuce
2 ea	tortillas	2 ea	tortillas	2 ea	tortillas	2 ea	tortillas		
1 ea	cookie	1 ea	cookie	1 ea	fresh fruit	1 ea	fresh fruit		
⅓ OZ	mustard	⅓ oz	mustard	⅓ OZ	mustard	⅓ OZ	mustard	½ c	canned fruit
⅓ oz	ketchup	⅓ oz	ketchup	⅓ oz	ketchup	⅓ OZ	ketchup	½ oz	margarine (# 60 disher )
1 c	fortified beverage	1 c	fortified beverage	1 c	fortified beverage	1 c	fortified beverage	1 c	fortified beverage
3 oz	cheese* (AE)	3 oz	cheese* (AE)	3 oz	cheese* (AE)	3 oz	cheese* (AE)		
					H.S. Snack		H.S. Snack		
				2 T	LS peanut butter (#30 disher)	2 T	LS peanut butter (#30 disher)		
				2 ea	bread	2 ea	bread		

Therapeutic diets do not receive salt Only Vegan diets receive salt on trays

Menu represents edible portion unless otherwise noted

(E) Denotes Entree

(AE) Denotes Alternate Entree

(AE) does not receive gravy, mustard, ketchup

This is to certify that this menu is reviewed monthly and is served as written unless otherwise noted

Food Service Director

*	Cheese as Menu Item									
	Menu calls for:	Sliced	OR, substitute	Shredded						
	1 oz	2 slices *	OR	1/4 c.						
	2 oz	4 slices *	OR	1/2 c.						
	3 oz	6 slices *	OR	3/4 c.						
	* standard ordered size is 1/2 oz. slices									

FACILITY OR	
INSTITUTION NAME:_	

### STATE OF FLORIDA DEPARTMENT OF CORRECTIONS MASTER MENU FY 2023-2024 THERAPEUTIC DIETS WEEK 1 Sunday

MONTH OF	
OPERATION:	

Effective: 10/9/2023

FL Department of Corrections Approval Roosevelt Petithomme, Bureau Chief

Jennifer Murphy, R.D., L.D./ N Public Health Nutrition Consultant

	Regular		Mech/Dental		Low Fiber		Pre Dialysis		Dialysis
	BREAKFAST		BREAKFAST		BREAKFAST		BREAKFAST		BREAKFAST
⅓ C	scrambled eggs (E)	⅓ C	scrambled eggs (E)	³⁄4 C	scrambled eggs (E)	⅓ C	scrambled eggs (E)	½ c	scrambled eggs (E)
1 c	buttery grits	1 c	buttery grits	½ c	buttery grits	1 c	buttery grits	1 c	buttery grits
2 ea	bran muffin square (1/48 ea)	2 ea	bran muffin square (1/48 ea)	2 ea	bran muffin square (1/48 ea)	2 ea	bran muffin square (1/48 ea)	3 ea	bread
½ c	Citrus Sunrise	½ c	Citrus Sunrise	½ c	Citrus Sunrise	1 ea	fresh fruit	1 ea	fresh fruit
1 c	coffee	1 c	coffee	1 c	coffee	1 c	coffee	1 c	coffee
1 c	breakfast beverage	1 c	breakfast beverage	1 c	breakfast beverage	1 c	breakfast beverage	1 c	breakfast beverage
½ oz	jelly (#60 disher)	½ oz	jelly (#60 disher)			2 oz	jelly ( # 16 disher )	1 oz	jelly(#30 disher)
2 ea	sugar pk	2 ea	sugar pk	2 ea	sugar pk	2 ea	sugar pk	2 ea	sugar pk
				1 oz	margarine (#30 disher)	1 oz	LS margarine (#30 disher)	1 oz	LS margarine (#30 disher)
	No Alternate Entrée		No Alternate Entrée		No Alternate Entrée		No Alternate Entrée		No Alternate Entrée
.,	LUNCH		LUNCH		LUNCH		LUNCH		LUNCH
½ C	sloppy joe (E)	½ c	sloppy joe (E)	¾ C	ground chicken (E)	⅓ C	sloppy joe (E)	½ c	sloppy joe (E)
¾ C	mashed potatoes	³⁄4 C	mashed potatoes	1 c	rice	³⁄4 C	mashed potatoes	1 c	rice
1 c	baked beans	1 c	baked beans					1	
½ c	coleslaw vinaigrette	½ c	cooked cabbage	½ c	cooked cabbage	½ c	coleslaw vinaigrette	½ c	coleslaw vinaigrette
2 ea	bread	2 ea	bread	2 ea	bread	2 ea	bread	2 ea	bread
						½ c	canned fruit	½ C	canned fruit
						2 oz	jelly (#16disher)		
				1 oz	margarine (#30 disher)	1 oz	LS margarine (#30 disher)		
1 c	fortified tea	1 c	fortified tea	1 c	fortified tea	1 c	fortified tea	1 c	fortified tea
1 c	baked beans (AE)	1 c	baked beans (AE)	3 oz	cheese* (AE)	⅓ c	scrambled eggs (AE)	³⁄4 C	scrambled eggs (AE)
	DINNER		DINNER	2.1	DINNER		DINNER	2.1	DINNER
1 ea	pepper chicken patty (E)	1 ea	pepper chicken patty (E) (chopped)	¾ C	pulled poultry thigh (E) OR	1⁄4 C	pulled poultry thigh (E) OR	³⁄4 C	pulled poultry thigh (E) OR
2.4	and a sale of	24	.1.4	2,	deboned chicken leg quarter	24	deboned chicken leg quarter		deboned chicken leg quarter
3/4 C	pasta salad	¾ C	plain pasta	3/4 C	plain pasta	3/4 C	pasta salad	³⁄4 C	pasta salad
½ c	shredded lettuce	½ c	squash	½ C	shredded lettuce	½ c	shredded lettuce	½ c	shredded lettuce
2 ea	tortillas	2 ea	tortillas	2 ea	tortillas	2 ea	tortillas	2 ea	tortillas
1 ea	cookie	1 ea	cookie	1 ea	cookie	1 ea	cookie	1 ea	cookie
⅓ oz	mustard	⅓ oz	mustard						
⅓ oz	ketchup	<i>⅓</i> oz	ketchup	4			16	1 .	16 managina (#20 disks)
			factified become	1 oz	margarine (#30 disher)	1 oz	LS margarine (#30 disher)	1 oz	LS margarine (#30 disher)
4	Constitution of the consti		tortitled beverage	1 c	fortified beverage	1 c	fortified beverage	1 c	fortified beverage
1 c	fortified beverage cheese* (AE)	1 c 3 oz	fortified beverage cheese* (AE)	6 oz	cheese* (AE)	3 oz	Ţ ,	³⁄4 C	scrambled eggs (AE)

Therapeutic diets do not receive salt
Only Vegan diets receive salt on trays

Menu represents edible portion unless otherwise noted

(E) Denotes Entree

(AE) Denotes Alternate Entree

(AE) does not receive gravy, mustard, ketchup

This is to certify that this menu is reviewed monthly and is served as written unless otherwise noted

Food Service Director

Cheese as Menu Item								
Menu calls for:	Sliced	← → OR, substitute	Shredded					
1 oz	2 slices *	OR	1/4 c.					
2 oz	4 slices *	OR	1/2 c.					
3 oz	6 slices *	OR	3/4 c.					
* standard ordered size is 1/2 oz. slices								